

**I'M KIM,
CERTIFIED ADHD
COACH,
NEURODIVERSITY
CONSULTANT &
ENTREPRENEUR**

READY TO SUPPORT YOUR ORGANISATION TO BE
MORE NEURO-INCLUSIVE



WHY ME?

I TALK ABOUT NEURODIVERSITY FROM AN **INTERSECTIONAL** **LENS.**

I started training as an ADHD coach because I didn't see many people in neurodiversity that looked like me.

I am a tech entrepreneur, and on a mission to make neurodiversity training, awareness, coaching accessible to all

WHY ME?

IT MATTERS TO TALK ABOUT **GENDER, RACE, CLASS** WHEN TALKING ABOUT NEURODIVERSITY



Thinking about stereotypes
Access to neurodiversity diagnosis and support
Culture and emotional wellbeing
Addressing lack of representation


**A STORY OF
A WOMAN OF COLOUR WITH
LATE DIAGNOSIS**

**WHO FINDS PURPOSE
VIA COACHING OTHERS**

KEY MESSAGE OF COMMUNITY HEALING AND EMPOWERMENT

Staring back at me
This campaign is initiated and funded by Takeda

ADHD Symptoms Ambassador stories



Kim To

The ripple effect of women supporting women within the ADHD community is so powerful.



Kim To

Dec 1, 2022 · 3 min read · [Listen](#)



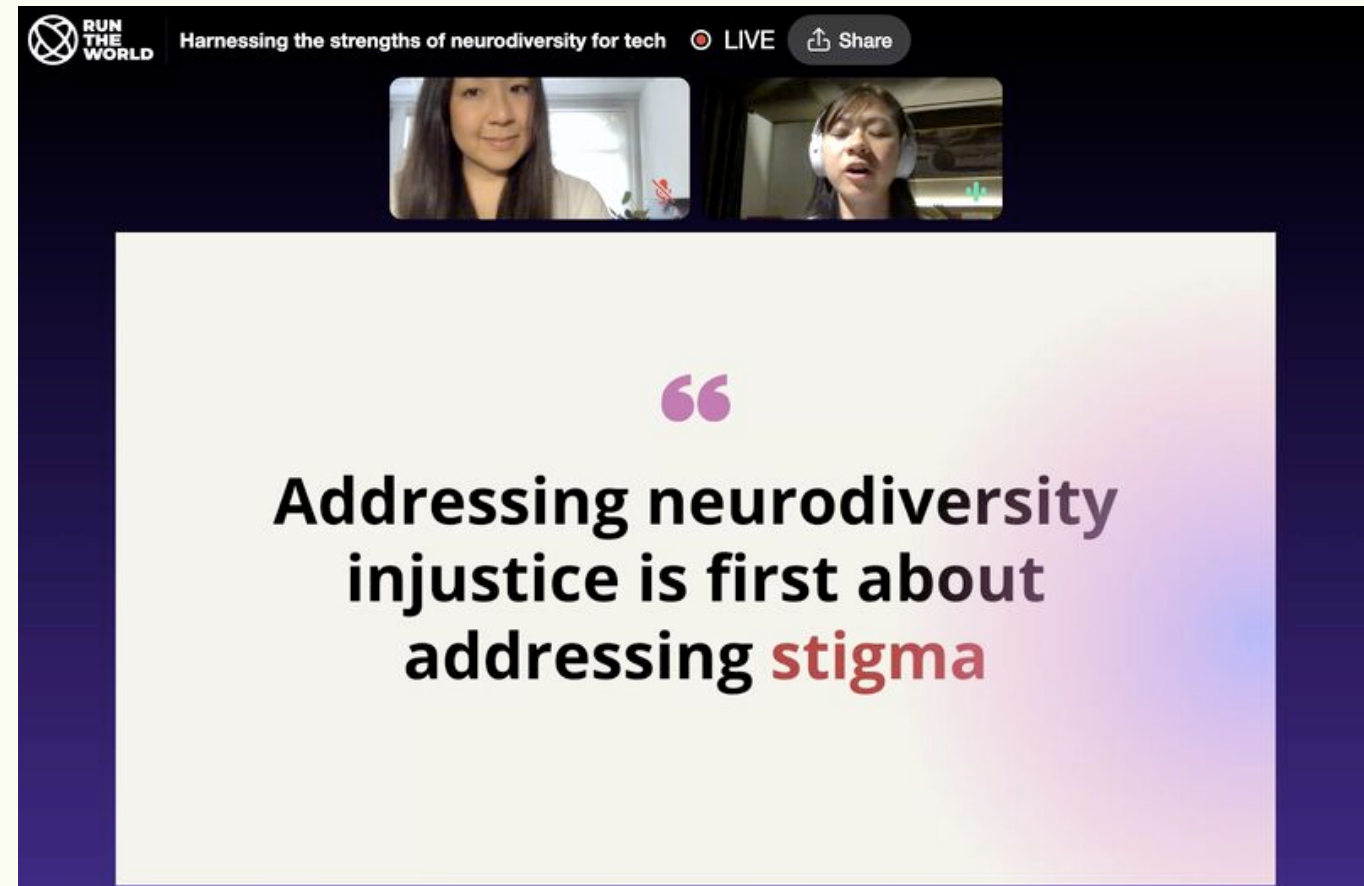
Being Asian with ADHD: Turning the “model minority” myth on its head



BRINGING **GENDER & RACE** DISCUSSIONS INTO **NEURODIVERSITY**



One Young World 2023 conference in Belfast



INTERACTIVE WORKSHOPS

NEURODIVERSITY 101

Getting everyone to a basic level of understanding about neurodiversity within the team

HOW TO SUPPORT NEURODIVERSE TEAMS IN THE WORKPLACE

Training for people who want practical skills to actively support neurodiverse teams. Covers accommodations

MAP OUT YOUR NEURO PROFILE

Helping people understand how their brain works
Executive functioning, communication style

NEURODIVERSITY 101

PACKAGES

DETAILS ABOUT THE WORKSHOP

Understanding Neurodiversity: A Workshop

The concept of neurodiversity can be complex, particularly for those who are not familiar with it and carry preconceived notions. This workshop will provide an in-depth overview, including:

- Key attributes of conditions such as ADHD, Autism, dyslexia, and dyspraxia
- Strengths and challenges associated with each condition
- Social model of disability
- Strategies for supporting neurodiverse individuals in the workplace

Logistics:

- Duration: 60 minutes (40-minute presentation, 20-minute Q&A)
- Online via Zoom
- Recording is permitted.

Details	Costs
Join us for an online session that lasts for 60 minutes with unlimited attendance.	\$500
What's Included in the 60 Minute Online Session? <ul style="list-style-type: none">• Unlimited attendance• Resources and worksheets to enhance your session	\$700
This package includes a 60-minute online session with no cap on attendance, as well as resources and worksheets. Additionally, you'll receive a facilitated group coaching call for follow-up.	\$1000

HOW TO SUPPORT NEURODIVERSE TEAMS FOR MANAGERS

DETAILS ABOUT THE WORKSHOP

How to support neurodivergent people in teams, a workshop for managers and recruitment managers

This workshop is for people wishing to develop a deeper understanding of neurodiversity at work and how to best support neurodiverse staff who are both diagnosed or not diagnosed

The workshop will have case studies to help with discussions around how to

- support neurodivergent individuals
- communicate with neurodiverse people
- Accommodations
- Identifying strengths

Logistics:

- Duration: 90 minutes
- Workshop with case studies and break out, with Q&A at the end
- Online via Zoom
- Recording is permitted
- No limit on number of attendance

PACKAGES

Details	Costs
This is an online workshop that lasts for 90 minutes. There is no limit on attendance, and the session can be recorded.	\$1200
Online workshop with follow-up resources such as case studies, worksheets, tips, and an accommodations list.	\$1500

WHAT IS **DIFFERENT** ABOUT THESE WORKSHOPS

RESOURCES

Kim creates follow-up resources for attendees to reference after sessions. With experience navigating workplaces with neurodiversity and training corporations, the resources are designed to be practical.

USE OF REAL LIVED EXPERIENCES FOR CASE STUDIES

Kim incorporates her personal experiences and those of her clients when leading workshops on neurodiversity to provide a deeper understanding of the topics discussed.

DESIGN THINKING APPROACH STIMULATES CREATIVITY

Kim, a management consultant, employs her experience to lead workshops and foster discussion and problem-solving among attendees.

CLIENTS THAT I'VE WORKED WITH





LET'S WORK TOGETHER!

CONTACT ME AND LET'S SCHEDULE A CHAT.

EMAIL

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SOCIAL

